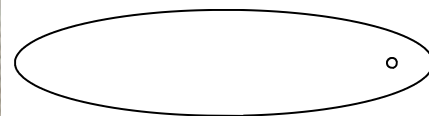


Advanced Beginner

Key

- **Cn**=cable needle
- **Ln**=left needle
- **C2f** = slip 2 sts to cn and hold front, k2 next sts, k2 from cn)
- **C2b** = slip 2 sts to cn and hold back, k2 next sts, k2 from cn)
- **C3f**=slip 3 sts to cn, hold back, k2 next sts, slip purl st from cn in back to ln & purl it, then k2 from cn
- **Bc**=sl 1 st to cn, hold back, k2, then p1 from cn
- **Fc**=slip 2 sts to cn, hold front, p1 st, then k2 from cn
- **RT**=k2tog, but before removing them from the needle, knit first stitch again and then drop both from ln
- **Green print** = sts that form the ribbing and are short-rowed
- **Red print** = center 4 sts that have a faux cable twist and separate the 2 big cables
- Black print = sts that form 2 braid cables



Eco-Duo Headband

Materials:

- 1sk Eco-Duo or Highland Duo alpaca (enough for 2 headbands)
- US size 3 or 4 needles

Gauge: 6sts/inch in k2p1 ribbing

Cast on 92 sts.

Set Up Row (RS): (k2p1) 9 times, p2, k2, p2, c3F, p2, k2, p2, p1, k2 p1, p2, k2, p2, c3F, p2, k2, p2, p1, (k2p1) 8 times, k2

NOTES: Work pattern below, adding short rows (W&T) around sts 4, 10, 16, & 22 ON EACH END. NOTE: if you don't "wrap" at the first turn on stitch 4, then this will create a buttonhole. Then work even over all stitches on rows 9 & 10 while knitting together the wraps with the stitches wrapped. Reverse short rows as you work rows 3-8 again (so start by W&T st 22 from each end, then W&T st 16 etc). Work rows 9 & 10 again, as before, knitting wraps together with the stitch they wrap. Bind off.

Row 1: (p2k1)9 times, (k2p2)twice, k1, (p2, k2)twice, k1, p2, k1, (k2, p2) twice, k1, (p2k2) twice (k1, p2) 9 times.

Row 2: (k2p1)9 times, p2, k2, p2, c3b, p2, k2, p2, p1, rt, p1, p2, k2, p2, c3b, p2, k2, p2, p1, (k2, p1) 8 times, k2

Row 3: same as 1

Row 4: (k2p1)9 times, p2, fc, bc, p1, fc, bc, p2, p1, rt, p1, p2, fc, bc, p1, fc, bc, p2, p1, (k2, p1) 8 times, k2

Row 5: (p2k1)9 times, (k3, p4) twice, k3, k1, p2, k1, (k3, p4) twice, k3, (p2k1)9 times

Row 6: (k2p1)9 times, p3, c2b, p3, c2f, p3, p1, rt, p1, p3, c2b, p3, c2f, p3, p1, (k2, p1) 8 times, k2

Row 7: repeat row 5

Row 8: (k2p1)9 times, p2, bc, fc, p1, bc, fc, p2, p1, rt, p1, p2, bc, fc, p1, bc, fc, p2, p1, (k2, p1) 8 times, k2

Row 9: same as 1

Row 10: same as set up row

Repeat rows 3-8 as per notes above

Work rows 9 & 10 and bind off loosely. Attach a button at end of headband opposite the buttonhole formed by NOT WRAPPING the first st.4 of the short